

# Segment 4

## Helping the Public During a Disaster



## Segment 4 Objective:

Identify strategies for assisting members of the public with their disaster related stress.

# Principles of On Scene Psychological First Aid

- Protect
- Direct
- Connect

- Diane Myers, RN

# Protect



ATSDR



# Direct



Army Corps of Engineers

# Connect



FEMA News Photo

# On Scene Help for Children With Disaster-Related Stress

- Protect
- Direct
- Connect

FEMA News Photo





## Helping Families and Friends With Disaster-Related Stress

- Be there for them. Listen. Be aware you don't have to have the perfect answer. Listening is a powerful way to help.
- Provide practical assistance during times of strain.



# Helping Children Recover After a Disaster

- Maintain children's routine and order.
- Be sure to talk with children about what has happened when they are ready.
- Be sure to talk with the children about their feelings.

[www.phppo.cdc.gov/  
phtn/webcast/stress-05](http://www.phppo.cdc.gov/phtn/webcast/stress-05)

# Continuing Education and Training Online System

[www.phppo.cdc.gov/phtnonline](http://www.phppo.cdc.gov/phtnonline)

Live program  
evaluation deadline:  
May 31, 2005



Course number:  
WC0074

# Online System Assistance

800.41.TRAIN

800.418.7246

404.639.1292

# Online System Assistance

[ce@cdc.gov](mailto:ce@cdc.gov)

**Produced by:**

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# Special Thanks To:

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