Purpose
This health consultation was conducted to evaluate the public health implications of chemical and radiological contaminants in the Watts Bar Reservoir and the effectiveness of the Department of Energy’s proposed remedial action plan for protecting public health.

Background
In March 1995, the Department of Energy (DOE) released a proposed plan for addressing contaminants in the Lower Watts Bar Reservoir. The plan presented the potential risk posed by contaminants and DOE’s preferred remedial action alternative. DOE’s risk assessment indicated that consumption of certain species of fish from the Lower Watts Bar Reservoir and the transfer of sediment from deeper areas of the reservoir to areas on land where crops were grown could result in unacceptable risk to human health.

The September 1995 Record of Decision for the Lower Watts Bar Reservoir presented DOE’s remedial action plan for the reservoir. This remedial action included maintaining the fish consumption advisories of the Tennessee Department of Environment and Conservation (TDEC), continuing environmental monitoring, and implementing institutional controls to prevent disturbance, resuspension, removal, or disposal of contaminated sediment. The U.S. Environmental Protection Agency (EPA) and TDEC concurred with the remedial action plan.

Concerned about the sufficiency of DOE’s plan, local residents asked the Agency for Toxic Substances and Disease Registry (ATSDR) to evaluate the health risk related to contaminants in the Lower Watts Bar Reservoir. These residents asked ATSDR to provide an independent opinion on whether DOE’s selected remedial actions would adequately protect public health.

Methods
ATSDR agreed to provide a health consultation. A health consultation is conducted in response to a specific request for information about health risks related to a specific site, a specific chemical release, or the presence of other hazardous material. The response from ATSDR may be verbal or written.

To assess the current and recent past health hazards from the Lower Watts Bar Reservoir contamination, ATSDR evaluated environmental sampling data. ATSDR evaluated reservoir studies conducted by DOE and the Tennessee Valley Authority during the 1980s and 1990s. ATSDR also evaluated TVA’s 1993 and 1994 Annual Radiological Environmental Reports for the Watts Bar nuclear plant. ATSDR first screened the voluminous environmental data to determine whether any contaminants were present at levels above health-based comparison values. ATSDR next estimated exposure doses for any contaminants exceeding comparison values. It is important to note that the fact that a contaminant exceeds comparison values does
not necessarily mean that the contaminant will cause adverse health effects. Comparison values simply help ATSDR determine which contaminants to evaluate more closely.

ATSDR estimated exposure doses, using both worst case and realistic exposure scenarios, to determine if current chemical and radiological contaminant levels could pose a health risk to area residents. The worst case scenarios assumed that the most sensitive population (young children) would be exposed to the highest concentration of each contaminant in each media by the most probable exposure routes.

**Target population**
Individuals living along the Watts Bar Reservoir and individuals visiting the area.

**Exposures**
The exposures investigated were those to metals, radionuclides, volatile organic compounds, polychlorinated biphenyls (PCBs), and pesticides in surface water, sediment, and fish.

**Outcome measure**
ATSDR did not review health outcome data.

**Results**

**Reservoir Fish and Other Wildlife:** Using a realistic exposure scenario for fish consumption that assumed an adult weighing 70 kilogram (kg) consumed one 8-ounce sport fish meal per week, or per month, for 30 years, ATSDR determined that PCB levels in reservoir fish were at levels of health concern. ATSDR estimated ranges of PCB exposure doses from 0.099 to 0.24 micrograms of PCBs per kilogram of human body weight every day (µg/kg/day) for the one fish meal a week scenario and 0.023 to 0.055 µg/kg/day for the one fish per month scenario.

At these exposure doses, ATSDR estimates that approximately one additional cancer case might develop in 1,000 people eating one fish meal a month for 30 years.

At these exposure doses, ATSDR also determined that ingestion of reservoir fish by pregnant women and nursing mothers might cause adverse neurobehavioral effects in infants. Although the evidence that PCBs cause developmental defects in infants is difficult to evaluate and inconclusive, ATSDR’s determination was made on the basis of the special vulnerability of developing fetuses and infants.

Using a worst case scenario that assumed adults and children consumed two 8-ounce fish meals a week, containing the maximum concentration of each radioactive contaminant, ATSDR determined that the potential level of radiological exposure, which was less than 6 millirem per year (mrem/yr), was not a public health hazard.

**Reservoir Surface Water:** Using a worst case exposure scenario that assumed a child would daily ingest a liter of unfiltered reservoir water containing the maximum level of contaminants, ATSDR determined that the levels of chemicals in the reservoir surface water were not a public health hazard.

Levels of radionuclides in surface water were well below the levels of the current and proposed EPA drinking water standards. In addition, the total radiation dose to children from waterborne radioactive contaminants would be less than 1 mrem/yr, which is well below background levels. The radiation dose was estimated using the conservative assumption that a 10-year-old child would drink and shower with unfiltered reservoir water and swim in the reservoir daily.

**Reservoir Sediment:** ATSDR determined that the maximum chemical and radioactive contaminant concentrations reported in the recent surface sediments data (mercury, Co-60, Sr–89/90, and Cs-137) would not present a public health hazard. The estimated dose from radioactive contaminants was less than 15 mrem/yr, which is below background levels.
ATSDR also evaluated the potential exposure a child might receive if the subsurface sediments were removed from the deep reservoir channels and used as surface soil in residential properties. Using a worst case exposure scenario that included ingestion, inhalation, external, and dermal contact exposure routes, ATSDR determined that the potential radiation dose to individuals living on these properties (less than 20 mrem/yr) would not pose a public health hazard.

Conclusions

ATSDR found that only PCBs in the reservoir fish were of potential public health concern. Other contaminants in the surface water, sediment, and fish were not found to be a public health hazard.

On the basis of current levels of contaminants in the water, sediment, and wildlife, ATSDR concluded the following.

- The levels of PCBs in the Lower Watts Bar Reservoir fish posed a public health concern. Frequent and long-term ingestion of fish from the reservoir posed a moderately increased risk of cancer in adults and increased the possibility of developmental effects in infants whose mothers consumed fish regularly during gestation and while nursing. Turtles in the reservoir might also contain PCBs at levels of public health concern.

- Current levels of contaminants in the reservoir surface water and sediment were not a public health hazard. The reservoir was safe for swimming, skiing, boating, and other recreational purposes. It is safe to drink water from the municipal water systems, which draw surface water from tributary embayments in the Lower Watts Bar Reservoir and the Tennessee River upstream from the Clinch River and Lower Watts Bar Reservoir.

- DOE’s selected remedial action was protective of public health.

ATSDR made the following recommendations.

- The Lower Watts Bar Reservoir fish advisory should remain in effect to minimize exposure to PCBs.

- ATSDR should work with the state of Tennessee to implement a community health education program on the Lower Watts Bar fish advisory and the health effects of PCB exposure.

- The health risk from consumption of turtles in the Lower Watts Bar Reservoir should be evaluated. The evaluation should investigate turtle consumption patterns and PCB levels in edible portions of turtles.

- Surface and subsurface sediments should not be disturbed, removed, or disposed of without careful review by the interagency working group.

- Sampling of municipal drinking water at regular intervals should be continued. In addition, at any time a significant release of contaminants from the Oak Ridge Reservation is discharged into the Clinch River, DOE should notify municipal water systems and monitor surface water intakes.