Segment 4
Helping the Public During a Disaster
Segment 4 Objective:

Identify strategies for assisting members of the public with their disaster related stress.
Principles of On Scene Psychological First Aid

- Protect
- Direct
- Connect

- Diane Myers, RN
Direct

Army Corps of Engineers
On Scene Help for Children With Disaster-Related Stress

- Protect
- Direct
- Connect

FEMA News Photo
Helping Families and Friends With Disaster-Related Stress

- Be there for them. Listen. Be aware you don’t have to have the perfect answer. Listening is a powerful way to help.
- Provide practical assistance during times of strain.
Helping Children Recover After a Disaster

- Maintain children’s routine and order.
- Be sure to talk with children about what has happened when they are ready.
- Be sure to talk with the children about their feelings.
Continuing Education and Training Online System

www.phppo.cdc.gov/phtnonline
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