



Pease International Tradeport, NH

# Pease Study Appointments

875 Greenland Road, Suite C-9 , Portsmouth, NH 03801

Close to I-95, plenty of parking, handicap accessible | (603) 292-3571



## CDC/ATSDR's Tips to Prepare for Tests

### Phone Interview

**Before your phone interview**, you will receive a copy of the questionnaire. We will call or text to remind you.

**45-60 minutes**

#### What to have available



Medical and work history



Prescription medications and vitamin/mineral supplements



Questionnaire

### Office Visit

**Before your office visit**, we will call to remind you.

**30 minutes**

#### What to expect



COVID-19 symptom and temperature check



Blood pressure check



Height and weight measurements



Blood sample collection



Mask wearing

#### What to bring



First morning urine sample



Results from previous PFAS blood testing programs (if applicable)



**8 HOURS**

**Fast** (don't eat) **8 hours** before your appointment.

### Important

Take your usual medication, unless your doctor says otherwise.





### Reminder

As a token of our appreciation for your participation, you'll receive up to \$75 in gift cards. (Adults get up to \$50 in gift cards and children get up to \$75 in gift cards for completing the study.)

## Is Your Child Participating?

### Phone Interview

When possible, we like to interview the birth mother because she can best answer questions about her pregnancy.

#### What to have available



Medical history, birth mother's work history and water drinking habits from 1993 to present, and any work history for the child



Prescription medications and vitamin/mineral supplements

### Office Visit

#### What to bring



First morning urine sample



Results from previous PFAS blood testing programs (if applicable)

#### Important

Be sure your child takes his or her usual medication, unless your doctor says otherwise.



#### What to expect

The process for children will be the same as adults, with one exception:

**1 ½ hour**

Children age 5 years and older will also have a second appointment to complete several behavioral tests, such as:

- Playing memory games
- Sorting items into categories
- Solving puzzles
- Reacting to photographs



#### Participating is safe and easy.

We take safety precautions at every step of the testing process to help minimize the risk of spreading COVID-19. Visit the Pease Study Website for details: [atsdr.cdc.gov/pfas](https://atsdr.cdc.gov/pfas)



**Sign up for the Pease Study**  
**Call: 603-846-6192**



National Center  
for Environmental Health  
Agency for Toxic Substances  
and Disease Registry