Pease International Tradeport, NH

Prepare for Your Pease Study Appointment
875 Greenland Road, Suite C-9, Portsmouth, NH 03801

CDC/ATSDR's tips to prepare for tests

**Before Your Test**

- **Important**: Take your usual medication, unless your doctor says otherwise.
- **Fast (don’t eat)** eight hours before your appointment.

**What to Bring**

- First morning urine sample
- Medical and work history from 1993 to present
- Prescription medications and vitamin/mineral supplements
- Results from previous PFAS blood testing programs (if applicable)

**What to Expect**

- Welcome and sign-in
- Blood pressure check
- Urine sample drop off
- Blood sample collection
- Height and weight measurements
- Questionnaire completion, including medical and work history

NO drug or genetic testing included

Prepare for Your Pease Study Appointment
1 1/2 HOUR

National Center for Environmental Health
Agency for Toxic Substances and Disease Registry

875 Greenland Road, Suite C-9, Portsmouth, NH 03801
We’re Here to Answer Your Questions
Visit our Website: atsdr.cdc.gov/pfas
Call us: 1-800-CDC-INFO (232-4636)
Email: PeaseStudy@CDC.gov

Reminder: As a token of our appreciation for your participation, you’ll receive up to $75 in gift cards for completing the entire study.

Is Your Child Participating?

What to Bring for Each Child

- First morning urine sample
- Medical history, birth mother’s work history and drinking water habits from 1993 to present, and any work history for the child
- Prescription medications and vitamin/mineral supplements
- Results from previous PFAS blood testing programs (if applicable)

Important

Be sure your child takes his or her usual medication, unless your doctor says otherwise.

What to Expect

The process for children will be the same as adults with two exceptions:

1. A parent or guardian must accompany the child, preferably the birth mother who can answer questions about her pregnancy
2. Children age 5 years and over will also have a second appointment to complete several behavioral tests like:
   - Playing memory games
   - Sorting items into categories
   - Solving puzzles
   - Reacting to photographs

1 ½ to 2 HOURS

While Waiting...

Once you arrive for the appointment, the wait shouldn’t be long. We’ll have crayons and coloring books for younger children. Feel free to bring electronic devices, games or books from home.